



3rd International Autumn School of Clinical Nutrition

'Redefining Multidisciplinary Excellence in Clinical Care'

25-27 September
Hilton Roma EUR La Mama



3rd International Autumn School of Clinical Nutrition



25 September 2026

09.00 - 09.30	Opening Ceremony <i>Birgül Dağ, Çetin Kaymak, Melina Karypidou</i>
09.30 - 10.45	What's new in Medical Nutrition ? Chairs: <i>Seher Demirer, Serdar Karaca, Melina Karypidou</i>
09.30 - 09.45	Malnutrition: Etiology, Epidemiology, and Clinical Outcomes <i>Güzin Tümer</i>
09.45 - 10.00	The Relationship Between Inflammation, Gut Microbiota and the Immune System <i>Erdoğan Çetinkaya</i>
10.00 - 10.15	Nutrition Care in Adult with Type I Diabetes: Current Evidence and Future Directions <i>Melina Karypidou</i>
10.15 - 10.30	Improving Adherence to Dietary Interventions for Cardiometabolic Health: Barriers and Facilitators <i>Evangelia Fappa</i>
10.30 - 10.45	Discussion
10.45 - 11.15	COFFEE BREAK
11.15 - 12.15	Optimizing Nutrition in Complex Metabolic Conditions Chairs: <i>Melda Türkoğlu, Erdoğan Çetinkaya, Evangelia Fappa</i>
11.15- 11.45	Nutritional Roles of Arginine and Glutamine <i>Gözde Ayçiçek</i>
11.45 - 12.15	Protein Strategies to Preserve Lean Body Mass <i>Hasan Doğan</i>
12.00 - 12.30	Discussion

3rd International Autumn School of Clinical Nutrition



25 September 2026

12.30- 13.30 **LUNCH**

13.30 - 14.45 **Disease Related Malnutrition Across the Patient Journey**

Chairs: Seda Banu Akıncı, Zehra Büyüktuncer

13.30 - 13.45 **Metabolic Stress and the Role of Targeted Nutrition**

Kubilay İşsever

13.45 - 14.00 **Serum Albumin in Nutritional Assessment and Prognosis**

Melike Cengiz

14.00 - 14.15 **Glycemic Control Strategies in Diabetic Malnutrition**

Cafer Balcı

14.15 - 14.30 **Prehabilitation: Importance of Pre-Op Nutrition in Surgical Patients**

Alper Sözütek

14.30 - 14.45 **Dicussion**

14.45 - 15.15 **COFFEE BREAK**

15.15 - 16.30 **Open Session: Nutritional Care Model**

Chairs: Pınar Arı, Ali Sapmaz

15.15 - 16.30 **Nutrition Assessment and Reassessment, Diagnosis, Intervention, Monitoring and Evaluation**

Fırat Kocaay, Hasan Doğan, Nur Şimşek Yurt

16.30 - 17.00 **New Horizons in Diabetes Management: Current Evidence on Pharmacological Treatment Strategies**

Cafer Balcı

3rd International Autumn School of Clinical Nutrition



26 September 2026

09.00 - 10.15	Multidisciplinary Approach of Medical Nutrition: Collaboration in Oncology Patients <i>Chairs: Müge Akmansu, Birgül Dağ, Paraskevi Detopoulou</i>
09.00 - 09.15	Medical Oncology <i>Birol Ocak</i>
09.15 - 09.30	Radiation Oncology <i>Şule Karabulut</i>
09.30 - 09.45	Surgery <i>Ahmet Rencüzoğulları</i>
09.45 - 10.00	Dietician <i>Pınar Arı</i>
10.00 - 10.15	Discussion

10.15 - 10.45 **COFFEE BREAK**

10.45 - 11.45	Integrating Nutritional Care into Health Systems <i>Chairs: Mehmet Uyar, Erdem Yaka, Paraskevi Detopoulou</i>
10.45 - 11.00	Drug - Nutrient Interactions <i>Paraskevi Detopoulou</i>
11.00 - 11.15	Nutritional Management of Patients Using GLP-1 Receptor Agonists <i>Anastasia Kolomvotsou</i>
11.15 - 11.30	Clinical Perspectives on Magnesium and Probiotics Supplementation in Elderly Patients <i>Pınar Soysal</i>
11.30 - 11.45	Cancer Disease Strategies: Nutritional Care Equality <i>Derya Hopancı Bıçaklı</i>
11.45 - 12.00	Discussion

12.00 - 13.30 **LUNCH**



3rd International Autumn School of Clinical Nutrition



26 September 2026

13.30 - 14.45 **Collaboration of Clinical Nutrition Professionals Along the Patient Journey in Elderly: Malnutrition, Frailty, Sarcopenia, and Cachexia**

Chairs: Derya Hopancı Bıçaklı, Serhan Yılmaz

13.30 - 13.50 **Neurology Patient**

Erdem Yaka

13.50 - 14.10 **Geriatric Patient**

Pınar Soysal

14.10 - 14.30 **Home Health Patient**

Nur Şimşek Yurt

14.30 - 14.45 **Dicussion**

14.45 - 15.15 **COFFEE BREAK**

15.15 - 16.30 **Expert Roundtable Panel**

Chairs: Birgül Dağ, Çetin Kaymak

Translating Evidence into Nutrition Practice

Zehra Büyüktuncer, Derya Hopancı Bıçaklı, Güzin Tümer

25-27 September - Hilton Roma EUR La Mama



3rd International Autumn School of Clinical Nutrition



27 September 2026

09.30 - 11.00	Trend Topic Highlights in Nutrition <i>Chairs:</i> Seda Banu Akıncı, Hülya Başar
09.30 - 10.00	Nutrition Care in Obesity Seher Demirel
10.00 - 10.30	Hydration and Electrolyte Balance in Vulnerable Patients Birgül Dağ
10.30 - 11.00	The Impact and Practice of ICD-11 on Malnutrition Müge Akmansu
11.00 - 11.30	COFFEE BREAK
11.30 - 11.45	Rational Nutritional Treatment Use Hülya Başar
11.45 - 12.00	Closing Ceremony Çetin Kaymak

BİLİMSEL SEKRETERYA



Adres: Gazi Üniversitesi Çocuk Sağlığı ve
Hastalıkları Gastroenteroloji Bölümü, ANKARA

E-posta: info@kepan.org.tr

ORGANİZASYON SEKRETERYASI



Adres: Mecidiyeköy Mah. Şehit Ahmet Sk.

Ada Residence Blok No: 6-10

İç Kapı No: 7 Şişli / İSTANBUL

Telefon: 0 212 708 42 08